

Emergency and Health Consultation Dial 24

Usage Guide

The "Telephone Consultation Service" is available for consultation when you are injured or feel unwell.

consultations will be available in English, Portuguese, and Vietnamese.

Phone number

0120-4199-22

Tell us what language you speak first.

Telephone calls are free. Money is not necessary.

What you can do to consult with us

- Minor injury (that does not require immediate medical
- Common cold (poor physical health)
- Worries about raising children
- Nursing care (taking care of sick or elderly people)
- Mental anxieties and worries

Time for consultation

- Japanese You can call anytime (24 hours a day, 365 days a year)
- English You can call anytime (24 hours a day, 365 days a year)
- Portuguese You can call anytime (24 hours a day, 365 days a year)
- Vietnamese You can call from 8:30 a.m. to 8:00 p.m. every day.



Simple treatment for sudden injuries



Your child became sick at night.



Thinking about illness keeps you up at night.